

2009/2010 WAG – TECHNICAL UPDATE

(October 2009)

Women's Artistic Gymnastics Technical Committee Members

WAG TC Chair: Toma Flaviu
Judging Chair: Carole Williamson
Members at Large: Megan Conway, Jennifer Fendelet, Jennifer Dober, Igor Chirkov, Lisa Naubert,
GBC Staff: Nancy Beyer, Kyna Fletcher, Andrée Montreuil (non voting members)

Women's Judges Committee Members

Judging Chair: Carole Williamson (carolewill@shaw.ca)
Secretary/High School Liaison: Nicky Carroll (artbooks@portal.ca)
Communications: Jen Dober (yawnifer@hotmail.com)
Judges List: Debbie McCready (debbiemccready@yahoo.com)
Provincial Representative: Jen McMullin (jbmapson@hotmail.com)
National Representative: Shirley Pedersen (speder45@telus.net)
Assessments: Andrée Montreuil, Shirley Pedersen
Panel Assignments: Nicky Carroll

Zone Judging Chairs

Zone 1: Garry Ricks (mgricks@telus.net)
Zone 2: Kim Dennis (kimmydennis@yahoo.ca)
Zone 3: Stephanie Marner (gcsj1930@yahoo.ca)
Zone 4: Jennifer Dober (yawnifer@hotmail.com)
Zone 5: Momona Komagata (momk20@hotmail.com)
Zone 6: Heather LaPage (Heather.Lapage@viha.ca)
Zone 7: Laureen Kean (laureen.kean@northernhealth.ca)
Zone 8: Colleen Kaminski (coachcolleen56@hotmail.com)

WAG CALENDAR OF ACTIVITIES

WAG TC Meetings (subject to change)

October 18 Flicka (Physical testing)
November 14 or 15 Omega (Screening/ Fall Classic)
January 23 Aviva (Winter Fest)
March 28 Langley (Christy Fraser)
April 8 Langley (Championships)
April 10-11 WAG AGM (Championships)
June TBC Maple Ridge

230 - 3820 Cessna Drive
Richmond, BC V7B 0A2
604 333.3GYM *p*
800 556.2242 *tf*
604 333.3499 *f*
info@gymnastics.bc.ca
www.gymnastics.bc.ca

Uniform sizing

Flip City Invitational, Omega Invitational and Surrey Classic. Detailed info will be circulated.

WAG Deadline to Change levels (NEW!)

March 1, 2010 – CPP

National level must be declared by 1st trials (January 30). Written petitions for all level changes must be accompanied by cheque for \$25.00 (each) to the WAG TC following March 1. Level changes may not be accepted after BC Championships deadline.

Women's Technical Assembly and AGM

Thursday April 10 (Tentative) Evening Langley @ BC Championships

Provincial Camps and Physical Testing

Mentorship Camp #1	September 25	Aviva
Mentorship Camp #2	November 28 or 29	Host needed (contact Nancy)
Provincial Physical Testing	October 18	Flicka
GYMSTART Physical Testing	November 11	Phoenix
Westerns Training camp	April 28	Host needed (contact Nancy)

National Camps and Physical Testing

Elite Canada Preparation Camp	September 28-29	Omega
National Physical Testing	October 18	Flicka
National Camp #2	Christmas or Early January (TBC)	Host needed (contact Nancy)
Westerns Training Camp	April 28	Host needed (contact Nancy)
CC Training Camp	May 14-15	Host needed (contact Nancy)

PROVINCIAL AND NATIONAL EVENT CALENDAR

BC Fall Classic – November 14 (Omega)

Top 2 Novice and Open will be given opportunity and financial support to represent BC at US meet in February 2010 (Battle in Seattle, WOGA or San Jose. Details will be circulated when finalized) (**NEW! 2008**)

Elite Canada – December 12-13, 2009 (Eastern Canada)

Purpose: Identify the athletes on the Gymnastics Canada High Performance List.

Elite Canada Screening	November 14	Omega
------------------------	-------------	-------

Attendance at Screening is required if an athlete wants to attend Elite Canada. Physical ability testing is also mandatory (October 18).

Top 2 BC HP Senior, HP Junior and HP Novice at Elite Canada 09 will be given opportunity and financial support for representing BC at US meet in February 2010 (Battle in Seattle, WOGA or San Jose. Details will follow (**NEW in 2009**))

Canadian Pre-Novice Team BC Competition – GYMNIX, 2010 (Montréal, QC) - TBC

BC will send top 4 Pre-Novice “Elite” athletes to the Gymnix Classic to expose them to a wider competitive field. This meet will be partially funded (up to \$400 each). Teams will be determined by 2 trials 50% each.

Winterfest	January 23, 24	Aviva (50%)
Omega Invitational	February 7-8	Omega (50%)

2010 BC Championships – April 9-11, 2009 (Langley)

Invited categories: CPP Level 2 to 5 (all age groups recognized by GBC) Canadian Pre-Novice (Aspire and Elite), National and HP Novice and National Open.

CPP level 2 will be a zone competition so zone trials will be required. Each club will need to register their own P2 athletes and coaches.

2010 Western Canadian Championships – May 1-2, 2010 (Regina SK)

Invited categories: CPP Provincial 5 Tyro, Novice and Open, National and HP Novice, National Open
Canadian Pre-Novice (self funded individual event)

Trials:	March 13-14, 2010	Surrey
Training Camp:	Wednesday April 28, 2010	(location Lower mainland)

2010 Canadian Championships – May 24-30, 2010 (Kamloops, BC)

Invited categories: National and HP Novice, National Open, Junior and Senior Team competition for Novice and Open

Trial #1:	January 30-31	Abbotsford (Flip City)
Trial #2:	March 20-21	Abbotsford (Twisters)
Trial #3:	April 10-11	BC Championships
Training Camp:	May 15-16	Omega

The minimum travelling scores for 2010 to be determined following Elite Canada

New WAG Policies and Procedures Highlights

The new and separate WAG section of the Policies and Procedures manual will be circulated this fall. This section should be reviewed annually for updates to policies concerning WAG events, athletes, coaches, selections, etc. There have been extensive revisions.

Highlights include changes or additions: (NEW!)

- All competitive levels must be confirmed with GBC by March 1 of the current competitive season. All athletes will be allowed to move unrestricted up levels following BC Championships. Athletes may not move down levels without acceptance of written petition to the WAG TC.

- If an athlete decides to change category after the March 1 deadline, a written request must be made to the WAG TC. The request must include the name of the athlete, club, initial category, category petitioned and reason for requesting the category change. The request must be accompanied by a non refundable cheque of \$25.00, for administration fee, payable to GBC. Level changes may not be granted following BC Championships deadline.
- **Late registration for trial event, camps, etc. (NEW!)**
For Elite Canada screening, GBC trial events, GBC training camps and tests, late registration will be possible in the 7 days following the deadline. Late fees will be required and can be up to \$20 above the normal registration fee. After 7 days registration may not be possible. Registration after the late registration deadline will depend on the event, the space available and will be determined on a case by case basis. Full payments must be received by the start of the event in all cases. The late fee amount may vary depending on services provided (meals, accommodation, t-shirts, guest coach and judge expenses). Details information will appear in all information packages.

Cancellation fees / non attendance: Deadline for cancellation is 48 hours before the start of the event. Cancellation due to medical will be accepted up until the event. An administration fee of up to \$20 will be retained depending on the event for all cancellation including medicals.

- HP Novice National Team and Espoir members only may petition WAG TC in writing to use Elite Canada as one of trials scores in the event they cannot attend all trials events due to international competition, injury or illness **(NEW!)**
- Athlete born in 1998 will be allowed to compete in the PRE-NOVICE category in 2010. They will however, not be eligible for Westerns or other out of province competitions as it is contrary to age groups in the rest of Canada. This is in effect for 2010 only and will be revisited for 2011. **(NEW!)**

Please see the new WAG Section of the Policies and Procedures for details on all these highlights and further explanation of Team BC events, funding programs, selection processes, etc.